Delchev wrote a book called The Safest Sicilian that I’ve heard good things about. Now, if you want to be both flexible and REALLY ambitious, I recommend the Najdorf. There are many good books on Sicilian defense the only issue is the theory changes so fast if a book is over 5 years old it is probably out of date. I have some Roman dzindi videos they are good but hopelessly outdated 2000 to 2005. I like videos better these days it is worth money to buy newer videos because the theory. This is not an excursus into classical mythology, but rather a gallery of profiles on people who fired Sicilian imagination becoming legends. Quatriglio delves into the lives of such people as Franca Florio, Frederick II, Wagner, Pirandello, Verga, Cagliostro, Colapesce, Sciascia and others, and adds to our understanding of them. The Sicilian (1. e4 c5) is the most played chess opening nowadays. First analysed in the 17th century in some depth by a Sicilian priest, it has been a strong way to meet 1. e4 ever since, directly challenging the centre of the board. In the beginning of the 20th century the Sicilian rose in popularity and since the 1940’s it was a regular guest at top tournaments. Not without reason, being one of the most interesting, sharp openings out there, statistically leading to good results. Which Anti-Sicilian book depends on which Sicilian you play. If you are playing a 2...d6 or 2...e6 Sicilian, I suggest Lakdawala's book. If you are playing a 2...Nc6 Sicilian, I suggest Sveshnikov's book. A general book on the broad spectrum of the entire Sicilian would either be way too outdated (1970s), way too thin of coverage and a useless book (i.e. Chess Opening Essentials volume 1), or over 10,000 (yes, you read that right, ten thousand) pages in length. The authors consider Sicilian Studies as a multifaceted field in itself, not merely a specialized niche within the broad field of Italian Studies. Most of the text consists of succinct descriptions or reviews of books and (in a few cases) articles useful to those seeking to learn about Sicily. The book includes a lengthy chapter setting forth the history of Sicily, along with numerous maps and a 3000 year timeline.