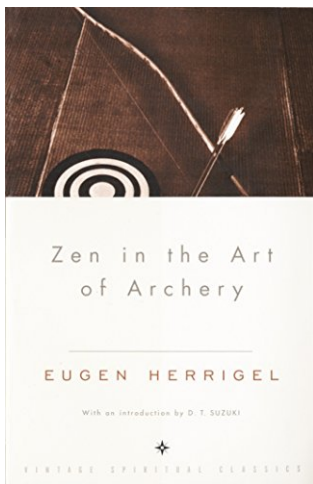


[PDF] Zen In The Art Of Archery

Eugen Herrigel, R. F. C. Hull, Daisetz T. Suzuki - pdf download free book



Books Details:

Title: Zen in the Art of Archery
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Description:

So many books have been written about the meditation side of Zen and the everyday, chop wood/carry water side of Zen. But few books have approached Zen the way that most Japanese actually do--through ritualized arts of discipline and beauty--and perhaps that is why Eugen Herrigel's *Zen in the Art of Archery* is still popular so long after its first publication in 1953. Herrigel, a philosophy professor, spent six years studying archery and flower-arranging in Japan, practicing every day, and struggling with foreign notions such as "eyes that hear and ears that see." In a short, pithy narrative, he brings the heart of Zen to perfect clarity--intuition, imitation, practice, practice, practice, then, boom, wondrous spontaneity fusing self and art, mind, body, and spirit. Herrigel writes with an attention to subtle profundity and relates it with a simple artistry that itself carries the signature of Zen. --Brian Bruya --This text refers to

an out of print or unavailable edition of this title.

Review “In this wonderful little book, Mr. Herrigel, a German philosopher who came to Japan and took up the practice of archery toward an understanding of Zen, gives an illuminating account of his own experience. Through his expression, the western reader will find a more familiar manner of dealing with what very often must seem to be a strange and somewhat unapproachable Eastern experience.”—D.T. Suzuki, author of *Zen in Japanese Culture*

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In endeavoring to become a Zen mystic, he penetrated deeply and personally into the theory and practice of Zen Buddhism and subjected himself to the rigorous discipline of training with a Zen Master for six years. Zen in the Art of Archery is the account of this experience and his The Method of Zen is also available from Vintage Books. Professor Herrigel died in 1955. Start reading Zen in the Art of Archery on your Kindle in under a minute. Don't have a Kindle? Get your Kindle here, or download a FREE Kindle Reading App.

Zen in the Art of Archery (Zen in der Kunst des Bogenschießens) is a book by German philosophy professor Eugen Herrigel, published in 1948, about his experiences studying Kyūdō, a form of Japanese archery, when he lived in Japan in the 1920s. It is credited with introducing Zen to Western audiences in the late 1940s and 1950s. Herrigel (1884–1955) was a German professor of philosophy, with a special interest in mysticism. From 1924 to 1929 he taught philosophy in Japan, and studied Kyūdō (the art of Zen Bow, Zen Arrow: The Life and Teachings of Awa Kenzo, the Archery Master from "Zen in the Art of Archery". John Stevens. 5.0 out of 5 stars 2. A good Western-style book to help you rethink your approach to life that parallels this one in many ways is The Art of Imperfection. The title is a misnomer. What we often think of as perfection is really the height of imperfection, as the author discovered when he began substituting his own methods for those of his Zen master. So understood, the art of archery is rather like a preparatory school for Zen, for it enables the beginner to gain a clearer view, through the works of his own hands, of events which are not in themselves intelligible. Objectively speaking, it would be entirely possible to make one's way to Zen from any one of the arts I have named. However, I think I can achieve my aim most effectively by describing the course which a pupil of the art of archery has to complete. Why I took up Zen, and for this purpose set out to learn the art of archery, needs some explanation. Even as a student I had, as though driven by a secret urge, been preoccupied with mysticism, despite the mood of the times, which had little use for such interests.

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