This practical book teaches how to apply DBT theory to clinical problems, providing concrete ideas regarding the therapeutic process. The numerous case vignettes are excellent and create the effect of having a mentor telling you how to proceed. "A must read for anyone wanting to master the techniques of individual therapy in dialectical behavior therapy (DBT). The book is part of the well-respected Guides to Individualized Evidence-Based Treatment series, edited by Jacqueline Persons. Koerner does a truly impressive job...of presenting how the theory and spirit of DBT play out in practice. In eminently readable prose, she presents the nuts and bolts of therapeutic techniques clearly and succinctly. While the book is designed primarily for teachers of English as a second language, the exercises are equally appropriate for the teaching of other foreign languages and much of the book is relevant to the teaching of first-language reading skills. The question-types range from the familiar (for example, multiple-choice and open questions) to highly original exercises which require the integration of different skills and an active, creative response from the student. It encourages teachers to introduce variety into the teaching of reading and offers them a great deal of resource material to draw from Individualized Reading: A Practical Approach book. Read reviews from worldâ€™s largest community for readers. Goodreads helps you keep track of books you want to read. Start by marking â€œIndividualized Reading: A Practical Approachâ€ as Want to Read: Want to Read saving… Want to Read. Currently Reading. Read. Individualized Reading by Richard C. Wilson. Other editions. Want to Read saving… Error rating book. Refresh and try again. Rate this book. Clear rating. 1 of 5 stars 2 of 5 stars 3 of 5 stars 4 of 5 stars 5 of 5 stars. Open Preview. See a Problem? We'd love your help. Let us know what's wrong with this preview of Individualized Reading: A Practical Approach by Richard C. Wilson. Problem: It's not a reading approach on struggling readers' comprehension scores obtained from oral narrative, silent narrative, and silent expository passages at three levels: below-grade, on-grade, and above-grade levels. Students (N = 93) in grades four through eight, who were reading below grade level, participated in the study. Treatment group students (n = 51) received individualized, integrated language arts as a reading approach once a week in place of basal reading instruction. Comparison group students (n = 42) received basal reading instruction for the duration of the study. Multivariate analysis of High school students who read poorly were given reading training using a recently developed technique called programmed prose, which allowed regular reading material to be automatically converted into training material. Each programmed prose passage was read and reread on a PLATO IV computer terminal until mastery was achieved. Each student was given 50 to 70 hours of individualized instruction on the terminal; over 20 measures of progress were administered each hour. There were two separate studies with six high school students in each study. Specific attention is then given to interactive approaches to reading, examining research which argues that reading comprehension is a combination of identification and interpretation skills.