A book list for introverts wouldn’t be complete without this bestseller. Cain has become known as the foremost champion of introverts, arguing that by undervaluing them in both the workplace and our personal lives, we miss out on their distinct strengths. A fascinating look at the quieter people in our lives, Cain’s research sheds light on the behaviors of introverts and encourages them to take advantage of their quiet power. Buy From Penguin Random House. Hardcover $28. A fellow introvert, Eleanor Oliphant is quirky, awkward, and entirely lovable. Eleanor’s dealing with a traumatic past, and you can’t help but root for her as she slowly begins to discover herself and develop special relationships along the way. It’s a charming and heartfelt book that’s perfect to spend a quiet evening devouring. The Irresistible Introvert by Michaela Chung. Here’s a secret about introverts: They’re more confident than extroverts think they are. In this empowering read, Chung dispels the myth that only extroverts can be charismatic, and offers tips for introverts trying to succeed in a world that favors extroverts but don’t worry, you won’t have to dip too far out of your comfort zone. Buy the book. Cover: Knopf; Background: Twenty20. 10 Books for Introverts. Being introverted isn’t a flaw, but even with so many of us identifying with that label, our society seems to celebrate extroverts almost exclusively. These books will help you realize your inner strengths so you can level the playing field while staying true to yourself. 1. Quiet by Susan Cain. The book Quiet by Susan Cain traces the history of personality in the U.S. to explain when and how extroversion became the cultural ideal. Cain argues that society has dramatically undervalued introverts, to whom we owe a great deal for their contributions. Quiet is backed by C