



## Just Use This Mind: Follow the Universal Truth to Oneness of Mind, Body & Spirit

By Miao Tsan, Jay Gao

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Fun mind puzzles on how our mind can sense the motion of matter in the universe and infinite mind / collective consciousness. Quantum theory thus reveals a basic oneness of the universe. It shows that we cannot decompose the world into independently existing smallest units. As we penetrate into matter, nature does not show us any isolated "basic building blocks", but rather appears as a complicated web of relations between the various parts of the whole." Let me show you the beautiful power of truth to correct errors. Let us just take the second half, and add to it thus; Space is the substance, in which extension, figure and motion do actually subsist as spherical wave motions of space - the matter particle forms at the wave center. Spirit Of Universal Love. And then there is this word "mind" that perhaps is like the captain of the ship while trying to figure out which navigator - "The Ego vs. The SOUL" to listen to in charting out which way to go. Good Luck and just because I currently think this way does not mean tomorrow I am going to change MY MIND! Because "soul" and "spirit" are simply euphemisms for the mind, these are not separate things that exist independently of your brain and your emotions. 58 views. Hannah MacAndrews. The mind is a tool of the human body and does not really exist. Because it is just an expression of energy created by your conscious part of your Soul, your awareness. The spirit is in fact your awareness and part of the conscious part of the Soul. When you learn to follow the path of Zen with diligence and right understanding, you can break through old patterns in your life and become enlightened-at peace in your body, your mind and your spirit. Preview Now. Preview saved. Just Use This Mind. by Master Miao Tsan, Ellen Cregan. Thanks for Sharing! You submitted the following rating and review. We'll publish them on our site once we've reviewed them. 1. Miao Tsan, Jay Gao. Zen training brings us back home to a place of deeper meaning. In this eternal home, mind and matter are one. Here is a spiritual home that is not about temples or traditions. It is a place in your own pure mind where you become the master of your own thoughts. When you learn to follow the path of Zen with diligence and right understanding, you can break through old patterns in your life and become enlightened -- at peace in your body, your mind, and your spirit. Once you have a clear understanding of the Zen path, all you have to do is begin following it. As you devote your The universal mind. There is but one universal consciousness. There is one Universal Mind that is the single Consciousness pervading the entire Universe. As the first manifestation of The Absolute or God, Its inherent nature is All-Knowing, All-Powerful, All-Creative and All-Present. This means that not just one part of Universal Mind is present within you, while another part is present within someone else, and yet another somewhere else. If this were the case, then Universal Mind would not be absolute, nor would It be Omnipresent or All-Present. As the Mind of The Absolute, the inherent nature of the Universal Mind is Omniscient (All-Knowing), Omnipotent (All-Powerful), Omnificent (All-Creative) and Omnipresent (All-Present). This is also your true nature.